

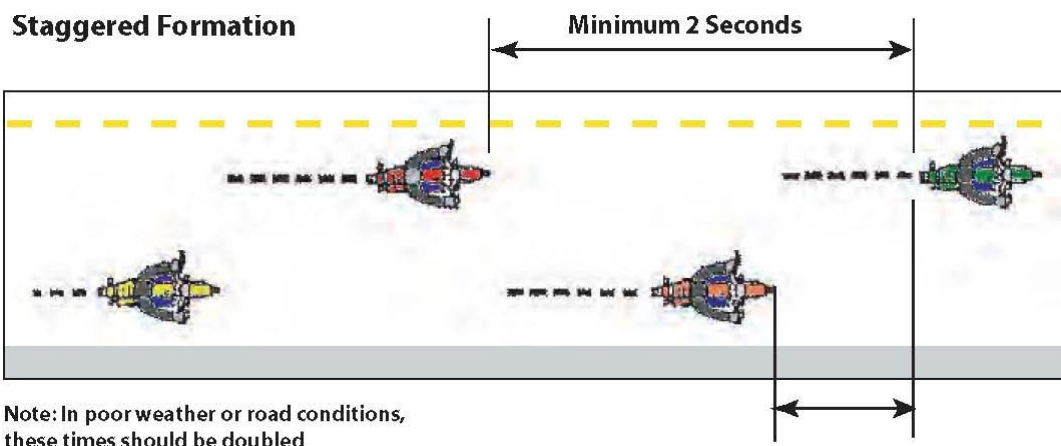


## Welcome to Group Riding with the Canadian Motorcycle Cruisers (CMC)

During group rides, safety is our number one concern. The following guidelines were designed to help ensure the safety of all riders. Please review the following before your first group ride, and ask the Ride Captain if you have any questions or concerns.

### General Rules

- 1) All of our group rides will have a designated Road Captain. Our Road Captains have years of riding experience and have taken our Road Captains training. They will lead the ride, and are in charge at all times during a group ride. A second Road Captain may be at the back of the group and is called the “Tailgunner”. The Tailgunner will communicate with the Road Captain if the group gets split up, and will stop with anyone that has to leave the group due to mechanical issues or other reasons.
- 2) We ride in staggered formation; (See illustration below) Even though a rider has one side of the lane, the entire lane is theirs. If they need more room for a curve or to avoid a pothole or road obstruction, that entire lane is theirs. When the road straightens out or they are passed the obstruction, they move back to staggered formation.



**Minimum 1 Second**



## **General Rules (Continued)**

- 3) All of our organized group rides are 100% Alcohol Free. If you stop along the way and have alcohol, you will have to ride back on your own.
- 4) We adhere to all Highway and Street laws. We do tend to ride at up to 10Km over the speed limit at times to ensure we are limiting the backup of cars behind us.
- 5) As a rule, we do not travel on 400 series highways. At times when this is necessary, all group riders must agree to this before heading out.
- 6) We will put our riders in Single File for anything that may inhibit the road. I.e. bicycles, cars pulled over, walkers, animals, slow moving vehicles, tractors, etc... When traveling Single File, riders should position themselves in line with the Road Captain and adjust speed to allow for more distance between riders.
- 7) No reckless, inconsiderate or dangerous behavior will be permitted at any time. Any riders not adhering to this rule will be asked to leave the group immediately.
- 8) Portray a positive image to other motorists and pedestrians at all times. At the CMC, we feel we can help to minimize the negative image that some have of motorcycles. This can be as simple as saying hi to those we meet, or waving at children as we pass.
- 9) We always drive only as fast as is comfortable for the slowest rider. Never feel you have to drive over your comfort level. The group will adjust if you need to slow down.
- 10) We use a number of common hand signals to ensure all riders are aware of what is coming up. The most common signals are outlined on the following page.
- 11) During group rides we try to stop every 90 minutes or less to stretch, fill up with gas, and ensure everyone is enjoying the ride. Please ensure you let the Ride Captain know if you need to stop more frequently.
- 12) Please ensure you have a full tank and an empty bladder when you show up for group rides.

We hope you enjoy riding with the CMC.



## CMC Approved Signals

Here are the main signals that are used while group riding. The road captain will initiate the signals and all riders will pass back the signal to ensure all riders are aware of the road captain's signal.



### Left Turn

Arm extended straight out to the left



### Right Turn

Arm extended out and up at 90 degrees



### Slow Ahead

Arm out and down at a 45 Degree Angle  
Hand moves up and down



### Stop

Arm extended out and down at 90 degrees



### Single File

Arm extended up with single finger








### Staggered Formation

Arm extended up with 2 outer fingers



## Approved Signals (continued)

 <p><b>Hazard Left</b> Extend leg 45 degrees</p>	 <p><b>Hazard Right</b> Extend leg 45 degrees</p>	 <p><b>Tighten Formation</b> Hand raised/open &amp; close fist</p>
 <p><b>Turn Signal Off</b> Hand down – open &amp; close fist</p>	 <p><b>Emergency Stop</b> Tap top of helmet with a closed fist</p>	